

D.A.R.E. OBJECTIVES

- ★ Acquiring the knowledge and skills to recognize and resist peer pressure to experiment with tobacco, alcohol and other drugs.
- ★ Enhancing self-esteem.
- ★ Learning assertiveness techniques.
- ★ Learning about positive alternative to substance abuse.
- ★ Learning anger management and conflict resolution skills
- ★ Developing risk assessment and decision-making skills
- ★ Reducing violence.
- ★ Building interpersonal and communication skills.
- ★ Resisting gang involvement.